

OCTOBER 2020



IT'S SPOOKY SEASON!

Highlights this month:

INTERACTIVE TALKS

Focus on Mental Health tools & tips to ease anxiety and practise self-care

TRIP TO OXFORD

Visit the famous ancient colleges, museums, and scenes of Harry Potter films!

ONLINE PUB QUIZZES

Join Sam every 2nd Friday for a fun virtual quiz

SUN	MON	TUE	WED	THU	FRI	SAT
				01	02	03
04	05 CINEMA TRIP 	06 POLITICS FILM CLUB 	07 MENTAL HEALTH TOOLKIT 	08 BOWLING 	09 #HelloYellow YOUNGMINDS 	10 WORLD MENTAL HEALTH DAY
11	12	13	14	15	16 WEAR RED DAY 	17 OXFORD TRIP
18	19	20 POLITICS FILM CLUB 	21 COOKING LESSONS 	22	23 QUIZ 	24
25 CYCLE THE TWO TUNNELS 	26	27	28	29	30	31 HALLOWEEN

OCTOBER HALF TERM!

*Activities subject to change and/or cancellation if weather dependent or other circumstances

SOCIAL PROGRAMME



ONLINE



IN PERSON